

Session 6 – “Decision-making and Choices” – 1

Activity 1 – “Dear Abby, Part 1”

Date: _____

Dear Abby:

Sincerely,

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Activity 1 – “Dear Abby, Part 2”

Date: _____

Dear Young Adult,

Sincerely,

Activity 2 – “The Road Not Taken...”

The Road Not Taken

TWO roads diverged in a yellow wood,
And sorry I could not travel both
And be one traveler, long I stood
And looked down one as far as I could
To where it bent in the undergrowth;
Then took the other, as just as fair,
And having perhaps the better claim,
Because it was grassy and wanted wear;
Though as for that, the passing there
Had worn them really about the same,
And both that morning equally lay
In leaves no step had trodden black.
Oh, I kept the first for another day!
Yet knowing how way leads to way,
I doubted if I should ever come back.
I shall be telling this with a sigh
Somewhere ages and ages hence:
Two roads diverged in a wood, and I-
I took the one less traveled by,
And that has made all the difference.

Robert Frost

Session 6 – “Decision-Making and Choices” – 4

Activity 3: “Advisors”

Young people are faced with many choices. Listed below are just a few questions middle school students face each day. Sometimes in order to make a good decision you need to get good advice from a trustworthy and knowledgeable source. Which source would you use to answer the questions below? You can circle more than one source, if necessary.

Which friends should you hang out with?

Advice Source:

- A. Myself Only
- B. Friend(s)
- C. Parent(s)/Guardian(s)
- D. School Educator
- E. Older Family Member
- F. Church/Community Leader
- G. Other: _____

Which activities should you participate in (such as school clubs and sports)?

Advice Source:

- A. Myself Only
- B. Friend(s)
- C. Parent(s)/Guardian(s)
- D. School Educator
- E. Older Family Member
- F. Church/Community Leader
- G. Other: _____

Which courses should I take in school?

Advice Source:

- A. Myself Only
- B. Friend(s)
- C. Parent(s)/Guardian(s)
- D. School Educator
- E. Older Family Member
- F. Church/Community Leader
- G. Other: _____

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Whether or not I should skip school?

Advice Source:

- A. Myself Only
- B. Friend(s)
- C. Parent(s)/Guardian(s)
- D. School Educator
- E. Older Family Member
- F. Church/Community Leader
- G. Other: _____

What should I do when I graduate?

Advice Source:

- A. Myself Only
- B. Friend(s)
- C. Parent(s)/Guardian(s)
- D. School Educator
- E. Older Family Member
- F. Church/Community Leader
- G. Other: _____

Whether or not I should drink alcohol?

Advice Source:

- A. Myself Only
- B. Friend(s)
- C. Parent(s)/Guardian(s)
- D. School Educator
- E. Older Family Member
- F. Church/Community Leader
- G. Other: _____

Session 6 – “Decision-Making and Choices” – 6 (Activity 3, “Advisors,” continued)

Whether or not I should try smoking?

Advice Source:

- A. Myself Only
- B. Friend(s)
- C. Parent(s)/Guardian(s)
- D. School Educator
- E. Older Family Member
- F. Church/Community Leader
- G. Other: _____

When should I start dating?

Advice Source:

- A. Myself Only
- B. Friend(s)
- C. Parent(s)/Guardian(s)
- D. School Educator
- E. Older Family Member
- F. Church/Community Leader
- G. Other: _____

Whether or not I should have sex.

Advice Source:

- A. Myself Only
- B. Friend(s)
- C. Parent(s)/Guardian(s)
- D. School Educator
- E. Older Family Member
- F. Church/Community Leader
- G. Other: _____