

Session 12 – “My Dreams/My Goals/My Future”

Activity 2- “Reflections”

Reflect on your 7th grade year with Virginia Heroes. Write about your favorite lesson(s) and activities. Which lesson(s) do you think you will always remember? Why did you enjoy it so much? How has it changed your life? Can you imagine yourself as a future Virginia Hero? Have your goals and aspirations changed since the beginning of the year? Are there some things you would like to have talked about that we didn't address? Be very thoughtful with your response.