

**Session**  
Arthur Ashe

**Goals**

- To introduce the students to Arthur Ashe the founder of Virginia Heroes Incorporated.

**Materials**

Activity 1  
Activity 2  
Activity 3  
Activity 4  
Worksheet 1  
Worksheet 2  
Arthur Ashe Pictures

**Procedure**

Greet the students. Wait until the students are seated and quiet. Reintroduce yourself to the students if necessary. Briefly describe the goals of today's lesson.

**Script**

“Good Morning. Today you will learn about Arthur Ashe. Arthur Ashe is the founder of Virginia Heroes, Incorporated. The Virginia Heroes mentoring program's purpose is to inspire youth to achieve, and to encourage the development of sound values. The mentoring program provides the opportunity for consistent interactions between middle school adolescents and mentors.

Today's lessons are designed to introduce you to Arthur Ashe. By the end of today's session you will be able to introduce him to others.

Closing the mentor session:

“Our time is almost up. Who would like to summarize our session today? Are there any questions before we go? I have really enjoyed meeting with each of you. Thank you for allowing me to spend time with you today and I look forward to our next meeting.”

“I should see you again on \_\_\_\_\_ . Have a good day and a good week.”

## Session Arthur Ashe

### Activity 1: Arthur Ashe: A Hero

Read the article in Worksheet 1. It was written by a 4<sup>th</sup> grader in New Jersey. Write down the facts you learned about Arthur Ashe from reading the article.

### Activity 2: Arthur Ashe Quotes

Read the quotes by Arthur Ashe. Which quote is your favorite? Write it in the space provided below. Then re-write the quote using your own words. Explain why you choose that particular quote

### Activity 3: AIDS Awareness

Read the AIDS awareness article. Then answer the questions below.

### Activity 4: Arthur Ashe Photos

Study the Arthur Ashe photos. What have you learned about Arthur Ashe by looking at these photos? Can you introduce him to someone who has never heard of him? Use the information you have gained to write a short essay about Arthur Ashe. Write a rough draft on the back. Then copy your final draft on the front of this form.