

Session 7

Activity 1 – Rank Your Values

Read Worksheet 1. Are there any values of importance to you that aren't listed? List and define them in the space provided below. Choose your top 10 values. List them. Define them in your own words. Then rank them in order of importance to you.

List any Additional Values

	Value	Definition

Define and rank your top 10 Values.

Rank	Value	Definition

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Activity 3 – Your Values and Your Career

Your values should relate to your chosen profession. List 3 Careers you feel you may want in the future. Then indicate how your values are similar to your career choice(s).

Career/Job Choice 1: _____

List the values that relate to this career choice.

- 1.
- 2.
- 3.

Career/Job 2: _____

List the values that relate to this career choice.

- 1.
- 2.
- 3.

Career/Job 3: _____

List the values that relate to this career choice.

- 1.
- 2.
- 3.

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Activity 2 – Hollywood Values

Read Worksheet 1. Name two values you associate with these Hollywood stars and other famous people listed below.

Famous People	Value 1	Value 2
Paris Hilton		
Oprah Winfrey		
Donald Trump		
Michael Jackson		
Chris Brown		
Lil Wayne		
Flavor Flav		
Allen Iverson		
Angelina Jolie		
Arthur Ashe		
Beyonce		
Bill Gates		
President Bush		
Bill Cosby		
Nelson Mandela		
Barack Obama		

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