

Session 3

Activity 1 – Personal Decisions

Listed below are two situations in which you may find yourself as you grow older. These questions pertain to decisions you will have to make in choosing what is best for your life. Briefly answer the questions asked.

Decision I: Choosing A Career

What do I want to be?

How much education is needed?

How much will my education cost?

What kind of job will I get?

Will I enjoy this career? _____ Why? _____

Decision II: Starting to Date

At what age will I feel ready to date?

Will my parents or guardian agree?

What should I expect from my date?

Will my date have beliefs and values like mine?

If not, what will I do?

Do I really want to start dating at his age? _____ Why? _____

Read your answers. Are you satisfied with your decisions?

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Activity 2 – Decision-making Traps

Sometimes instead of making a good decision, we refuse to think about it and just go ahead and do something that we know we might be sorry for later. This happens when we fall into DECISION MAKING TRAPS. We need to know what these traps are in order to avoid them. Read the traps listed on Worksheet 1. Select three decision-making traps that are especially hard for you to avoid. List some suggestions for overcoming them.

Trap 1:

Trap 2:

Trap 3:

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Activity 3 – Middle School Dayz

Middle school can be hard to get used to. There are a number of problems that 6th graders face. Choose one situation from the 4 listed below. Read through Worksheet 2 and complete each question as it pertains to the situation you have chosen.

Situation #1

I don't like my math teacher. I don't think my math teacher likes me, either. I can do the work. But I don't because I want to change my math class to a different teacher.

Situation #2

I just recently began helping out at the school bookstore. The other student that works at the school store with me has been taking things little by little. It doesn't seem like she takes enough to notice. I don't want to be blamed for any missing items. Maybe I should say anything to the faculty person who runs the bookstore.

Situation #3

I have to turn in my science project next week. I have no problem doing the project. It's a really easy assignment on the solar system. But the teacher said we also have to present the project in front of the whole class. Maybe I shouldn't do the project at all. Then I can avoid having to do a presentation.

Situation #4

My friends and I have decided to start our own group. We don't consider ourselves a gang. However, we have talked about making it a rule that we only hang out with each other. (We won't hang out with any other kids.) If someone else wants to join our group they will have to do a series of things in order to get in, like an initiation. We want to make it so hard to get in that phony people won't even try. This presents a problem only because there is a new student in my gym class that seems really cool. I want us to hang out but I don't want to ask my new friend to do all of that stupid initiation stuff. Should I ask the friends in my group to make an exception? Should I risk my relationship with my current friends for a new one?