

Session 10
Careers/Work Ethic

Goals

- To increase the knowledge and awareness of careers.
- To provide students with an informative outlook on careers applicable to the student's educational/vocational goals

Materials

Activity 1
Activity 2
Activity 3
Worksheet 1

Procedure

Greet the students. Wait until the students are seated and quiet. Reintroduce yourself to the students if necessary. Briefly describe the goals of today's lesson.

Script

“Good Morning! I hope all of you have had a good week so far. Let's review quickly what we learned from the last session.” (Mentor will call upon group members to respond.)

“Consider all the subjects you study and how each will impact your job or career. How will you be affected if you do not learn these skills? What could you do if you finished school and continued to feel inadequate in an important area, like computer science, reading or math? How can you make sure that you are learning the skills and information you will need for a particular career?”

“People choose careers for a variety of reasons. Some reasons are more important than others. Ask, What reasons are most important to you?” Mentor should discuss his/her job responsibilities with their students.”

“You are getting started on your career by going to school. What you do in school will help you for the rest of your life. It is important to practice good work habits in school because they will play an important part in your future career.”

“A few important work habits to follow are:

Always get to work/school on time
Complete assignments promptly
Dress neat and clean
Keep your work area neat
Listen to your teacher/employer
Follow instructions carefully
Do your best at all times
Respect other people
Be polite
Follow all classroom/work safety rules
Be able to work as a part of a team”

Closing the mentor session:

“Our time is almost up. Who would like to summarize our session today? Are there any questions before we go? I have really enjoyed meeting with each of you. Thank you for allowing me to spend time with you today and I look forward to our next meeting.”

“I should see you again on _____ . Have a good day and a good week.”

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Activity 1: Transferable Skills

There are several skills that translate from home to school to work. Practice makes perfect. Complete column 3 by indicating how these skills in the home column can positively impact school and eventually the field of work.

Activity 2: Careers, Hobbies, and Subjects

Relate the listed jobs to relevant hobbies or skills and subjects in school. Sometimes it's easier to relate to a future career if you associate it with something you are doing right now. Take your time and complete the assignment. After you are done, share your answers with a partner.

Activity 3: Career Path

Can you help these students find a career path? Match these hobbies to at least two possible careers. You can use the word bank provided.

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Activity 4: Virginia Hero

Christopher Maurice Brown (born May 5, 1989), better known as Chris Brown, is an American pop and R&B singer, dancer, and actor who released his Billboard Hot 100 number-one debut single "Run It!" in 2005, which was produced by Scott Storch and featured Juelz Santana. His self-titled debut album spawned four successful top ten and top twenty hits in the United States. Brown, one of two children, was born and raised in the small town of Tappahannock, Virginia, the son of Joyce Hawkins and Clinton Brown. Brown was influenced by the artists which his parents played on the home radio, such as Michael Jackson and Sam Cooke. A dancer since the age of two, Brown was not aware of his vocal talents until the age of eleven. Before becoming a vocalist, he was interested in becoming a rapper. At thirteen, Brown was discovered by a local production team who visited his father's gas station searching for new talent. Since then, he began his recording career and moved to New York, staying there for two years.

Brown left school in late 2004 to begin working on his self-titled debut album, "Chris Brown", which was released on November 29, 2005. Shortly after ending his summer tour, Brown quickly began production for his second studio album, "Exclusive", which was released on August 28, 2007 until it was pushed to November 6, 2007.

Brown then made his film debut in the dance movie, "Stomp The Yard", alongside Ne-Yo, Meagan Good and Columbus Short in January 2007. Brown next appeared in, "This Christmas", a family drama starring Regina King, released on November 21, 2007. On July 9, 2007, Brown was featured in an episode of MTV's, "My Super Sweet 16" celebrating his 18th birthday in New York. Brown's most recent work was on Disney's "The Suite Life of Zack & Cody" where he guest-starred as himself. The episode also guest-starred "The Cheetah Girls".

www.wikipedia.com

Activity 5: Stress Relief

Musical Journey

You've probably noticed that music can change your moods. It can also lower your heart rate and blood pressure. So, make a playlist of your most calming and positive music, and try unwinding by listening to it. Lie on the floor or on the couch with your eyes closed-just float along with the music.

Activity 6: Virginia Trivia

Patrick Henry made his "Give me Liberty or Give me Death" speech in St. John's Church in Richmond's Church Hill.